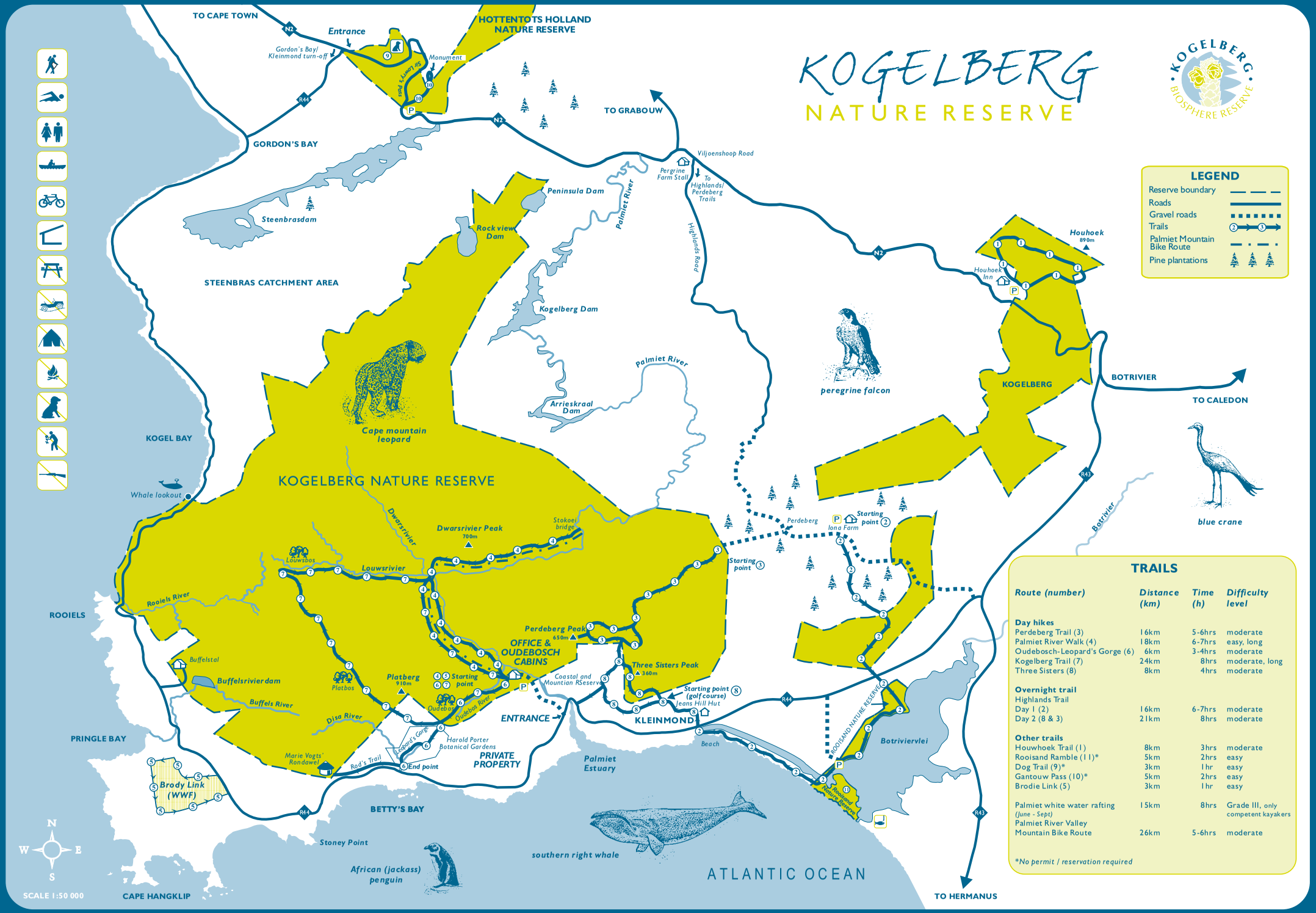
# KOGELBERG
## NATURE RESERVE

KOGELBERG BIOSPHERE RESERVE




### LEGEND

- Reserve boundary
- Roads
- Gravel roads
- Trails
- Palmiet Mountain Bike Route
- Pine plantations

### TRAILS

| Route (number) | Distance (km) | Time (h) | Difficulty level |
|---|---|---|---|
| **Day hikes** | | | |
| Perdeberg Trail (3) | 16km | 5-6hrs | moderate |
| Palmiet River Walk (4) | 18km | 6-7hrs | easy, long |
| Oudebosch-Leopard's Gorge (6) | 6km | 3-4hrs | moderate |
| Kogelberg Trail (7) | 24km | 8hrs | moderate, long |
| Three Sisters (8) | 8km | 4hrs | moderate |
| **Overnight trail** | | | |
| Highlands Trail | | | |
| Day 1 (2) | 16km | 6-7hrs | moderate |
| Day 2 (8 & 3) | 21km | 8hrs | moderate |
| **Other trails** | | | |
| Houwhoek Trail (1) | 8km | 3hrs | moderate |
| Rooisand Ramble (11)* | 5km | 2hrs | easy |
| Dog Trail (9)* | 3km | 1hr | easy |
| Gantouw Pass (10)* | 5km | 2hrs | easy |
| Brodie Link (5) | 3km | 1hr | easy |
| Palmiet white water rafting (June - Sept) | 15km | 8hrs | Grade III, only competent kayakers |
| Palmiet River Valley Mountain Bike Route | 26km | 5-6hrs | moderate |

*No permit / reservation required